

International Mountain Day



Utahns Against Hunger

Gina Cornia

To increase access to food through advocacy, outreach and education.



Food Insecurity in Utah



What we do about hunger

Emergency Food

- ❑ There are over 100 primary emergency food pantries across the state.
- ❑ Limited food choices, especially for those with special dietary needs like diabetes, high blood pressure and other health concerns.
- ❑ Some pantries have better food, but still struggle to provide fresh, perishable food because of lack of infrastructure.

Federal Nutrition Programs

- ❑ Food Stamp Program/SNAP (Supplemental Nutrition Assistance Program)
- ❑ School Lunch (**37% of Utah children receive lunch free or at reduced price**)
- ❑ School Breakfast (Utah has the 51st worst participation in country)
- ❑ Summer Food (Utah has good participation, but there are very poor parts of the state with no programming, San Juan County- for example)

What we should be doing more of about hunger

A Plan of Action to End Hunger in America

- ✦ Create jobs, raise wages, increase opportunity and share prosperity.*
- ✦ Improve government income support programs for struggling families.*
- ✦ Strengthen federal nutrition programs, i.e: SNAP, & Child Nutrition Programs*
- ✦ Target support to especially vulnerable populations.*
- ✦ Increase participation in federal nutrition programs.*
- ✦ Build political will.*

Food Research and Action Center- www.frac.org

Other actions:

- ✘ *Making sure we have a healthy, robust food system.*
 - + *Establishing food policy councils that are engaged in public policy on the local, state and national level.*
 - + *Creating new markets and programs for small food/farmers producers.*
- ✘ *Working for a more equitable Farm Bill that creates more opportunities for small farmers and rewards practices that preserve land and fosters sustainability.*
 - + *No Farmers No Food*

VOTE!



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cornia@uah.org

801-328-2561